



ELEMENTARY SCHOOL EAST BREAKFAST MENU



2 3 4 5 6

NO SCHOOL

Apple Jacks
Cereal Pouch
Cheese Stick
Fruit Juice
Fresh Fruit
Choice of Milk

Kellogg's Nutri-
Grain Bar
Cheese Stick
Fruit Juice
Fresh Fruit
Choice of Milk

Yoplait Yogurt
Scooby Sticks
Fresh Fruit
Fruit Juice
Choice of Milk

Mini Bagel
w/Cin.Cr.Cheese
Fruit Juice
Fresh Fruit
Choice of Milk

9 10 11 12 13

Fruit Loop Cereal
Pouch
Cheese Stick
Fruit Juice
Fresh Fruit
Choice of Milk

Otis Spunkmeyer
Muffin
Cheese Stick
Fresh Fruit
Fruit Juice
Choice of Milk

Cinni Mini Pastry
Fruit Juice
Fresh Fruit
Choice of Milk

Frosted Flakes
Cereal Pouch
Cheese Stick
Fresh Fruit
Fruit Juice
Choice of Milk

Kellogg's
Nutri-Grain Bar
Cheese Stick
Fruit Juice
Fresh Fruit
Choice of Milk

16 17 18 19 20

Cin.Toast Crunch
Cereal Bar
Cheese Stick
Fruit Juice
Fresh Fruit
Choice of Milk

Pillsbury Freudel
Fruit Juice
Fresh Fruit
Choice of Milk

Mini Bagel w/Straw
Cr.Cheese
Fruit Juice
Fresh Fruit
Choice of Milk

Otis Spunkmeyer
Muffin
Cheese Stick
Orange Juice
Fresh Fruit
Choice of Milk

Trix Cereal Bar
Cheese Stick
Fruit Juice
Fresh Fruit
Choice of Milk

23 24 25 26 27

NO SCHOOL



Merry Christmas
From Your
Aramark Lunch
Ladies

State requires offering of 1 cup of fruit at breakfast and lunch. If not on menu, is offered at register.

PRICE
FREE

Breakfast in the Classroom

COST
Free

Just stop by the cafeteria when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

Choice of Fruit or Juice
What do you like? Fresh Apples? Oranges? Bananas?

Choice of Milk
Variety includes low-fat and fat-free choices.

Hello! My name is Ana.
Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

